Family therapists help with many family and emotional problems by offering free counseling for individuals and families. When someone has emotional struggles, it can affect their daily life. For students, this often shows up as problems at school. Sometimes school problems are signs of bigger issues. Family therapists also help with trauma, anxiety, depression, relationship troubles, stress, communication skills, and other personal challenges.



SCHEDULE AN APPOINTMENT

Contact the Family Counseling Program Call Center at: 754-321-1590

RESOURCES

+ **Preventive counseling**

FAMILY COUNSELING PROGRAM (FCP) – BROWARD COUNTY

EMPOWERING STUDENTS, STRENGTHENING FAMILIES

For over 30 years, the Family Counseling Program (FCP) has been a cornerstone of support for students and families across Broward County. Through individual, family, and group counseling, FCP has consistently helped improve:

- Academic performance
- Responsible behavior in school
- Regular attendance

Our mission is to help students reach their maximum potential in the classroom while promoting optimal mental health and family functioning.

PREVENTIVE COUNSELING SERVICES

FCP also provides preventive counseling to address early signs of behavioral and emotional challenges. These services help students develop healthy coping strategies and interpersonal skills in areas such as:

- Difficulty verbalizing feelings
- Difficulty concentrating or maintaining task focus
- Trouble forming or maintaining relationships
- Defiance toward faculty/staff
- Infractions of school rules
- Verbal altercations with peers
- Physical aggression



Prevention is the best intervention!

WHO CAN ACCESS FCP SERVICES?

FCP is available to all students and their families who reside in Broward County and are enrolled in any school within the county.

✅ **FREE**
✅ **Confidential**
✅ **Accessible to all**

WHAT WE HELP WITH

Our licensed Family Therapists are trained to support a wide range of emotional and family-related concerns, including:

- Abandonment
- Aggression
- Anger Management
- Anxiety & Depression
- Bereavement / Loss
- Bullying
- Communication Skills
- Crisis Intervention
- Economic Issues
- Hyperactivity / ADD / ADHD
- Learning Disorders
- Parenting Skills
- Peer Pressure
- Physical Abuse
- School Phobia
- Self-Destructiveness
- Self-Esteem Issues
- Separation / Divorce
- Stress Management
- Study Skills
- Substance Use
- Trauma

GET STARTED TODAY

If you or someone you know could benefit from our services, don't hesitate to reach out. FCP is here to support your journey toward emotional wellness and academic success.

+ Contact information

NEED HELP?

Help Starts Here!
754-321-1590

+ General information

- **Information Sheet (English)**
- **Information Sheet (Creole)**
- **Information Sheet (Portuguese)**
- **Children Do Not Come With Instructions**
- **FERPA**
- **HIPAA**

+ Applications for services

- **Service Application (English)**
- **Service Application (Creole)**
- **Service Application (Portuguese)**
- **Mental Health & Wellness Portal**

FAMILY COUNSELING (FIND YOUR SCHOOL'S THERAPIST)

Search

Annabel Perry Pre-K-7

Family Therapist 1: David Mervilus, LMHC
Phone: 754-321-1590
Family Therapist 2: Cristina Gonzalez, LMFT
Phone: 754-321-1590
Family Therapist 3: Nichole Harriot, LMHC
Phone: 754-321-1590
Family Therapist 4:
Phone: 754-321-1590

South

Apollo Middle

Family Therapist 1: Yuri Sanz-Martinez, LMHC
Phone: 754-321-1590
Family Therapist 2: Carolina Rabin, LCSW
Phone: 754-321-1590
Family Therapist 3:
Phone: 754-321-1590
Family Therapist 4:
Phone: 754-321-1590

South

Atlantic Technical

Family Therapist 1: Elizabeth Ordonez, LCSW
Phone: 754-321-1590
Family Therapist 2: Sashae Davis, LMHC

Phone: 754-321-1590
Family Therapist 3:
Phone: 754-321-1590
Family Therapist 4:
Phone: 754-321-1590

North

Atlantic West Elementary

Family Therapist 1: Elizabeth Ordonez, LCSW
Phone: 754-321-1590
Family Therapist 2: Sashae Davis, LMHC
Phone: 754-321-1590
Family Therapist 3:
Phone: 754-321-1590
Family Therapist 4:
Phone: 754-321-1590

North

Attucks Middle

Family Therapist 1: Stephanie Maguire, LMHC
Phone: 754-321-1590
Family Therapist 2:
Phone: 754-321-1590
Family Therapist 3:
Phone: 754-321-1590
Family Therapist 4:
Phone: 754-321-1590

South

Bair Middle

Family Therapist 1: Sheril Stephen, LCSW
Phone: 754-321-1590
Family Therapist 2:
Phone: 754-321-1590
Family Therapist 3:
Phone: 754-321-1590
Family Therapist 4:
Phone: 754-321-1590

Central

SORT BY INNOVATION ZONE

All | Central | North | South

CONTACT INFORMATION

Marisa Sotelo →

Director, Student Services
Phone: **7543211550**

Mental Health Services Department
1400 NW 14th Ct.
Fort Lauderdale, FL 33311

P: **754-321-1710**

To schedule an appointment for Family Counseling matters, please contact our office.